



## Calhoun County ISD Elementary School Culinary Competition

Hello everyone,

We're thrilled to introduce this great new concept to your school! This year, we're accepting entries grade 3 through 6.

The idea behind this event is to help educate the kids in HEALTHY EATING HABITS. Too often we hear about kids not making the right choices in terms of their eating habits. Plus, eating healthy should be fun! That's why we want kids to submit recipes to ***COMPLETE THE PLATE WITH THEIR FAVORITE FRUIT OR VEGETABLE SIDE DISH.***

Judging will be based on the following criteria:

- Originality
- Kid Friendly
- Ease of Preparation
- Healthy Attributes
- Plate Presentation
- Taste
- Student Chef Presentation to Judges

Timeline of the event:

1. Recipes cards are available by request should the student need that instead.
2. A distinguished panel of kitchen staff members will evaluate recipe submissions and narrow the number of finalists down to **1** kid per school.
3. Those finalists will be formally invited to a Culinary Competition "Cook-Off" on **March 23rd**, tentatively scheduled for **3:30pm**.

All Finalists will receive a laminated recipe card, chef shirt, apron, and hat). **Grand prize will go to the winner of the competition.** Each participant will receive a prize.

The local press will be invited to take pictures of the kid's creations and parents and teachers can view (*and taste!*) the final product during the reception portion of the event. The students would

need to create enough of their dish for all judges and extras for teachers, parents, and kitchen staff also involved.

Transportation of the kids will not be provided on the **March 23rd** for the competition. Kids will need to be dropped off and picked up at **Jackson Roosevelt Elem.**

Each group of kids will have a kitchen staff member assigned to help them to ensure that there are no safety issues. This will ensure safe food and preparation practices are followed and no one gets harmed.

If a student has a certain type of kitchen appliance or tool needed for his or her recipe, please bring that item with you to the competition. Presentation tables will be left up the participant on how the table is decorated.

Enjoy the competition!

Please let me know if I can answer any questions or concerns.

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